

Journey Malibu

Recovery **Retreat** Residential Program



The Journey begins...

Our Professional and Compassionate team will work with you beyond your addictions (substance and behavioral) as we rebuild your capacity to tolerate, negotiate, and move through situations that may have adversely affected you in the past.

Healing in action.

Utilizing our staff's wide range of skills, we combine the best allopathic, holistic, evidence-based medicine/treatments.

Tailor made Treatments include:

- Comprehensive medical and psychiatric assessment
- Neurofeedback
- Medically monitored detoxification
- Relapse prevention
- Trauma therapy
- Psychiatric medicine
- Pain management
- Individual/group therapy
- Family therapy
- Addiction therapy

Available Holistic Therapy

- Hyper baric chamber (oxygen therapy)
- IVMT (intravenous micronutrient therapy)
- Chinese medicine
- Yoga/Tai Chi
- Meditation
- Art therapy
- Equine and outdoor adventure
- Spiritual counseling
- Somatic experiencing
- Water aerobics/fitness training
- Nutritional counseling supporting brain repair and well being

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The way through...and beyond.

Call Today For More Information

877-673-4225

JourneyMalibu.com

310-456-2551 | fx: 310-456-2556